



USDF

UNITED STATES DRESSAGE FEDERATION™

USDF Instructor/Trainer Development Program Reading List

As of 4/1/2023

(R) = REQUIRED

(SR) = Strongly Recommended

**** = Available in the USDF Store**

RIDING

- USDF Training Manual (Classical Training of the Horse) – *USDF (R) ***
The Principles of Riding – *German National Equestrian Federation (R)*
USDF Pyramid of Training – *USDF (R)*
When Two Spines Align – *Beth Baumert (R)*
The Complete Training of Horse and Rider – *Alois Podhajsky (R)*
The Gymnasium of the Horse – *Gustav Steinbrecht* (Also available as an Audio Book) **(SR)**
The New Basic Training of the Young Horse – *Ingrid & Reiner Klimke (SR)*
Cavalletti for Dressage and Jumping – *Ingrid & Reiner Klimke (SR)*
Balance in Movement: The Seat of the Rider – *Suzanne von Dietz (SR)*
Anatomy of Dressage – *Drs. H. & V. Schusdziarra, Co-Published by the USDF (Reprint of An Anatomy of Riding) (SR)*
Rider & Horse Back to Back – *Susanne von Dietze (SR)*
Dressage with Kyra – *Kyra Kyrklund (SR)*

LUNGEING

- USDF Lungeing Manual – *USDF (R) ***
Lungeing and Long Reining – *Jenny Loriston-Clark (SR)*
Long Reining (DVD) – *Wilfried Gehrmann (SR)*
Schooling Horses in Hand – *Richard Hinrichs (SR)*
Classical Dressage, part 4 (DVD) – *Philippe Karl (SR)*
Lunge and In-Hand Work – *Philippe Karl (SR)*
The Art of Classical Dressage (video) part 4: Work in Hand – *Authur Kottas (SR)*

TEACHING

- USDF Teaching Manual – *USDF (R) ***
Teaching Exercises: A Manual for Instructors and Riders – *Major Anders Lindgren (R)*
Training with Kyra Kyrklund (Video Series, Volume 2: The Rider's Seat and Balance) (R) – *Kyra Kyrklund*

OTHER REQUIRED AND STRONGLY RECOMMENDED ITEMS

- USEF Rulebook – *USEF (R)*
The Dressage Horse – *Harry Boldt (SR)* – **Translated Chapter 5**

OTHER SUGGESTED READING AND VIDEO/DVD'S

- USDF On the Levels, current edition – *USDF***
Program for Better Riding: Books 1-5 – *Eckart Meyners*
The Art of Horsemanship – *Xenophon* (Available as Audio Book)
USPC Manual of Horsemanship: Intermediate Horsemanship Through C Level – *Susan Harris*
USPC Manual of Horsemanship: Advanced Horsemanship Through B/H-A/A Level – *Susan Harris*
Ecole de Cavalerie (The School of Horsemanship) – F.R. de La Gueriniere
Dressage: A Guidebook for the Road to Success – Alfred Knopfhart
Equine Locomotion – Dr. Willem Back and Dr. Hilary Clayton
Group Lessons - The Instructor's Handbook – British Horse Society